

Physiological and hormonal response to variation in overwintering conditions in freeze tolerant wood frogs

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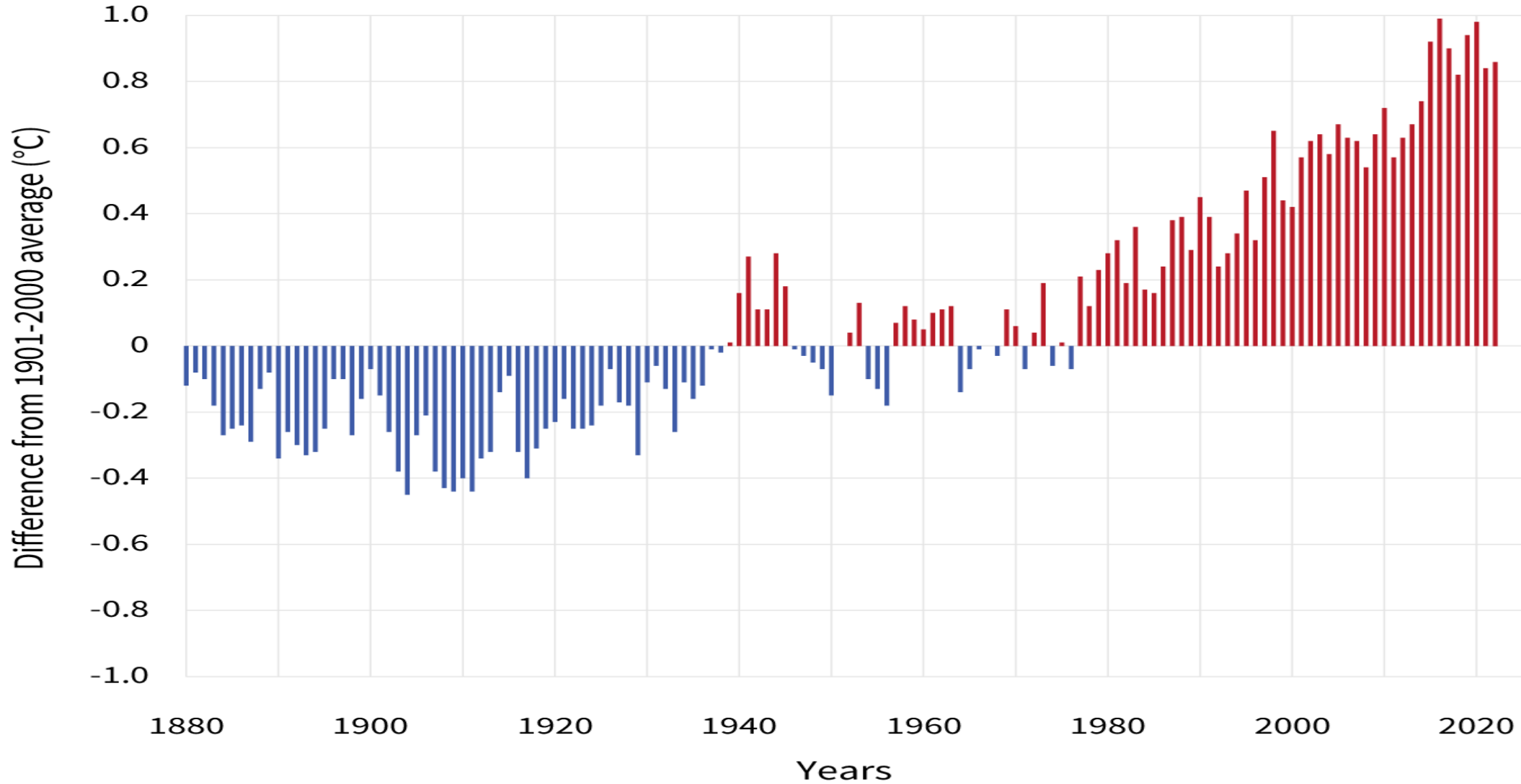
March 5th, 2025



Photo Source: Yara Alshwairikh

Nearly 41% of Amphibian Species are globally threatened

GLOBAL AVERAGE SURFACE TEMPERATURE



How do animals respond to changing climates?

Migrate



Adapt



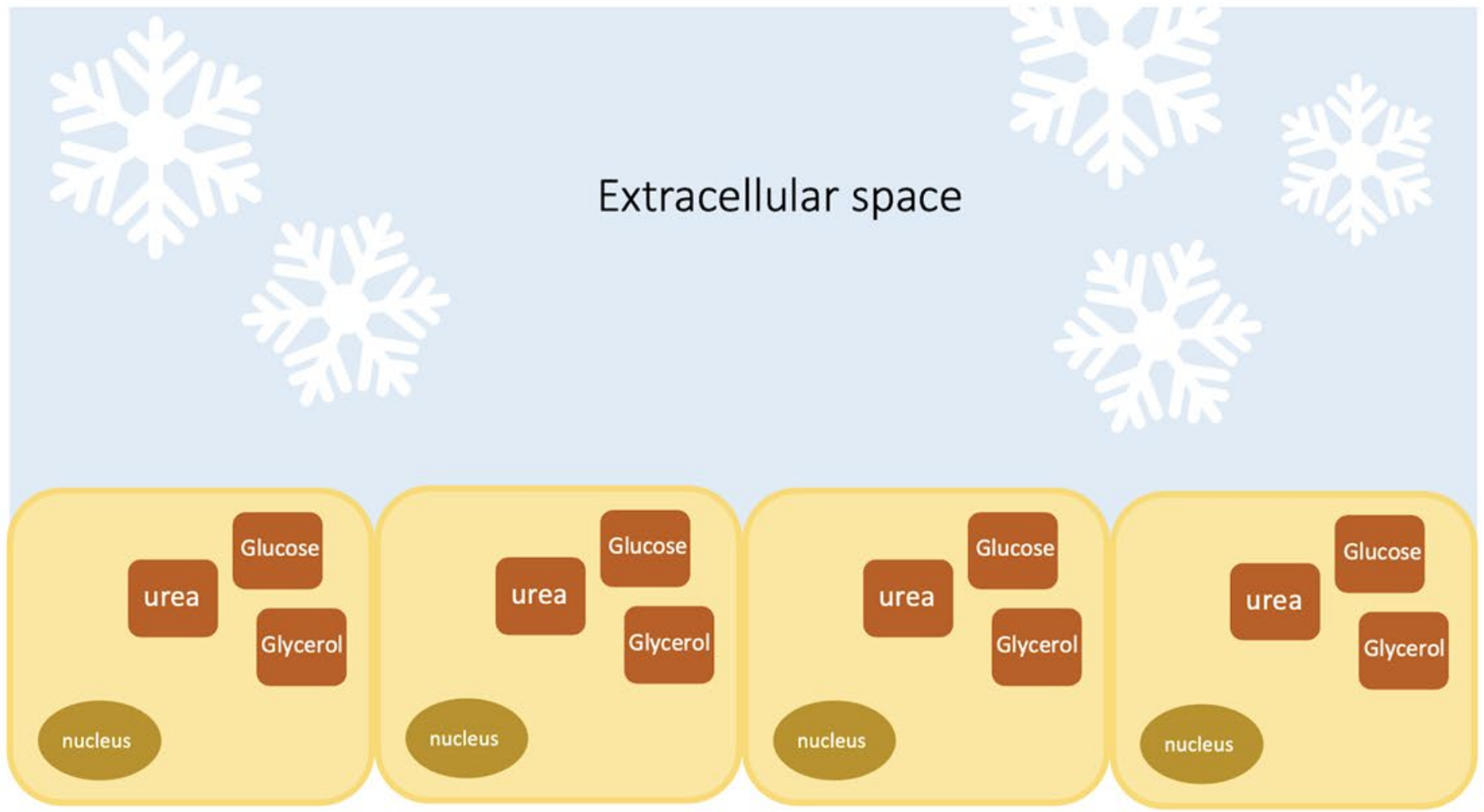
Go Extinct!



Wood Frog Freezing Adaptation for Overwintering Survival



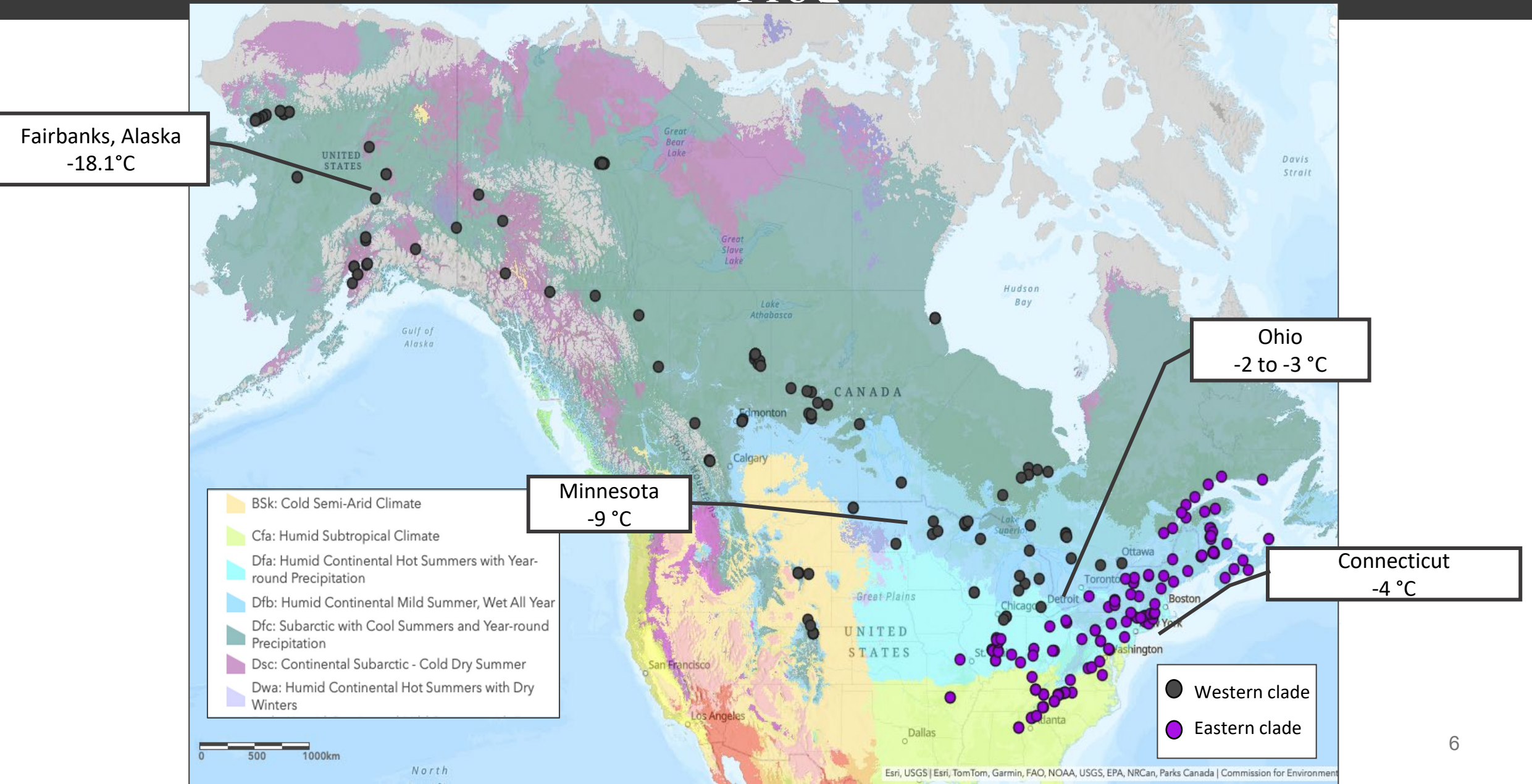
<https://www.youtube.com/watch?v=139NSc53RqQ>



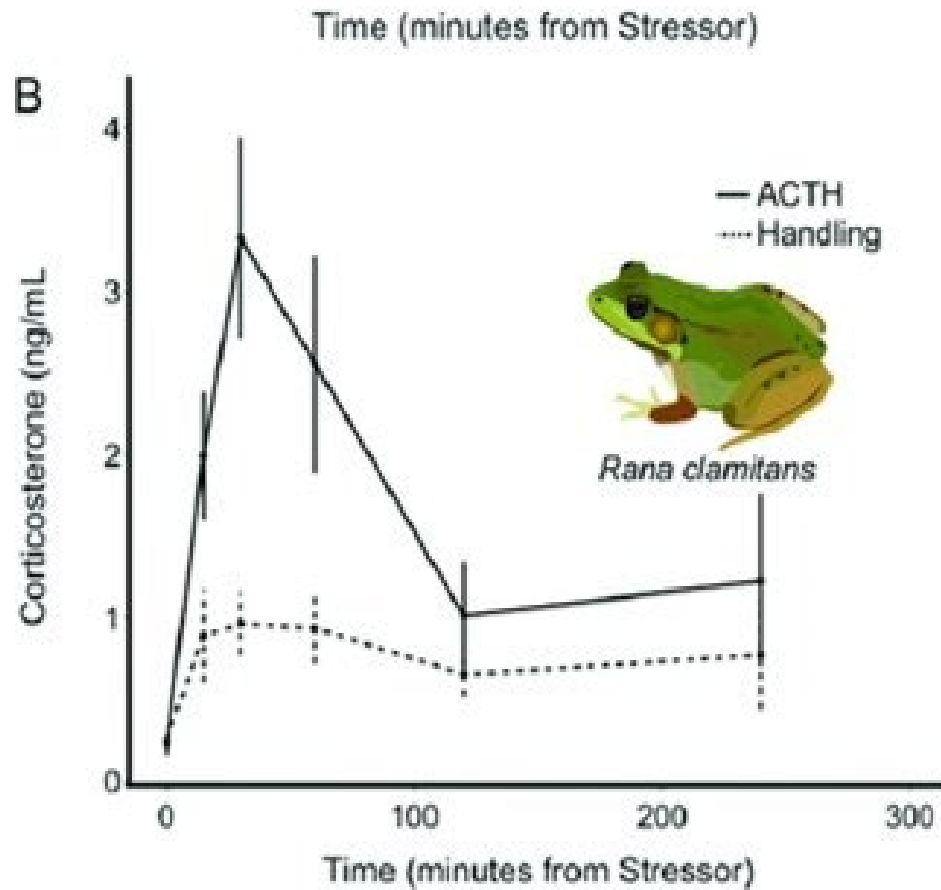
- Glucose is the primary cryoprotectant
- Sourced from glycogen stores in the liver and transported to other organs
- The glucogenic response is activated **immediately** upon freezing



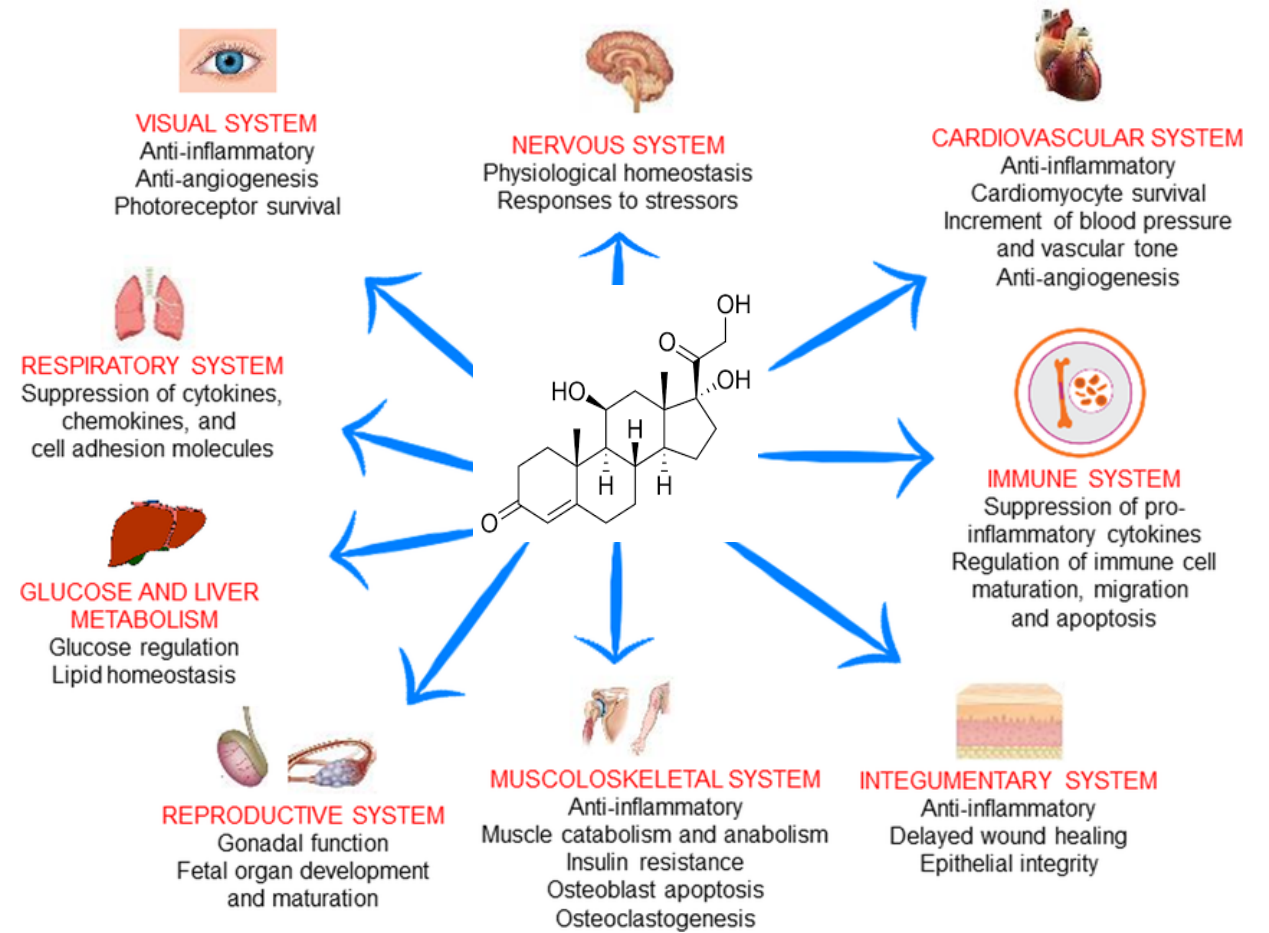
Local adaptation and plasticity: Geographic range of the Wood Frog



Amphibian Hormonal Stress Physiology

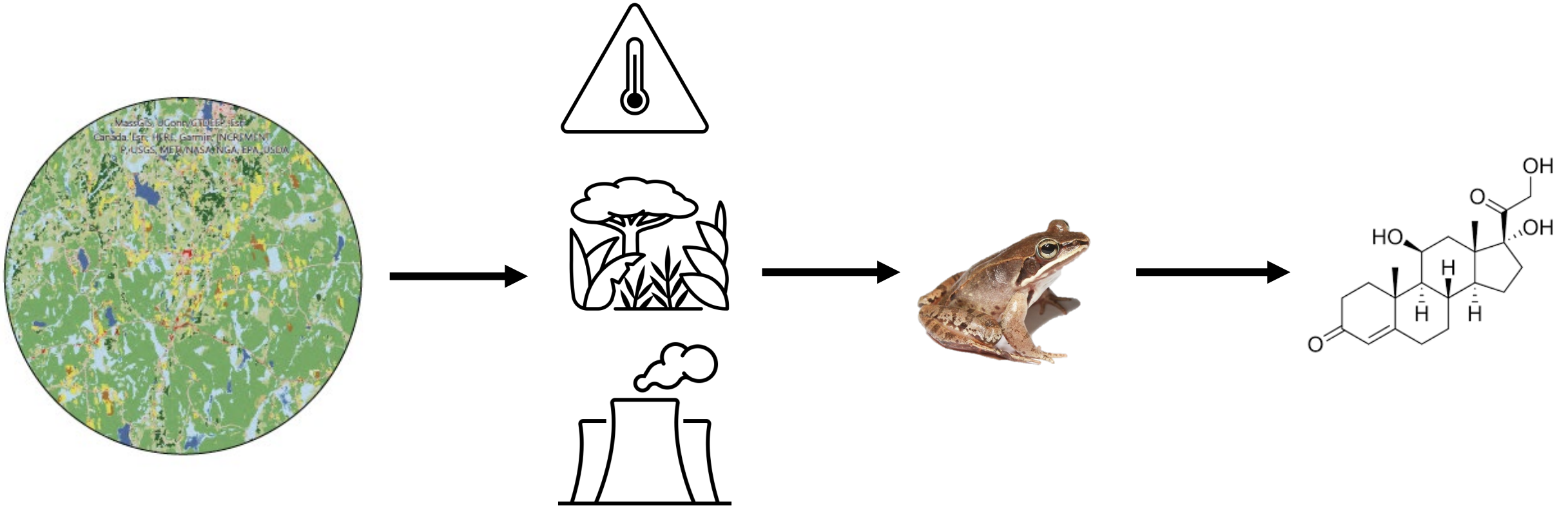


Hammond et. al, 2018



Adapted from: Zefferino et. al, 2020

Environmental impacts on stress physiology



Research Questions & Objectives

Research Question: Does freezing condition and frequency of thawing influence physiological response in wood frogs?

Hypotheses:

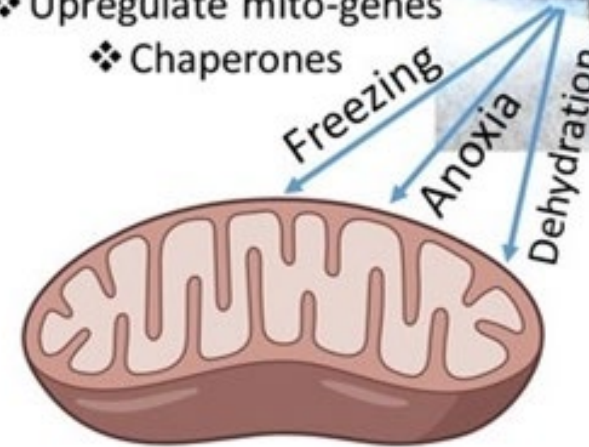
- CORT concentrations will be elevated in individuals undergo more frequent freeze/thaw cycles
- CORT increases will correlate with decrease immune blood biomarkers, decreased body condition, and decreased jumping performance

Mitochondria Protection for winter survival

- ❖ Antioxidant defenses
- ❖ Upregulate mito-genes
- ❖ Chaperones

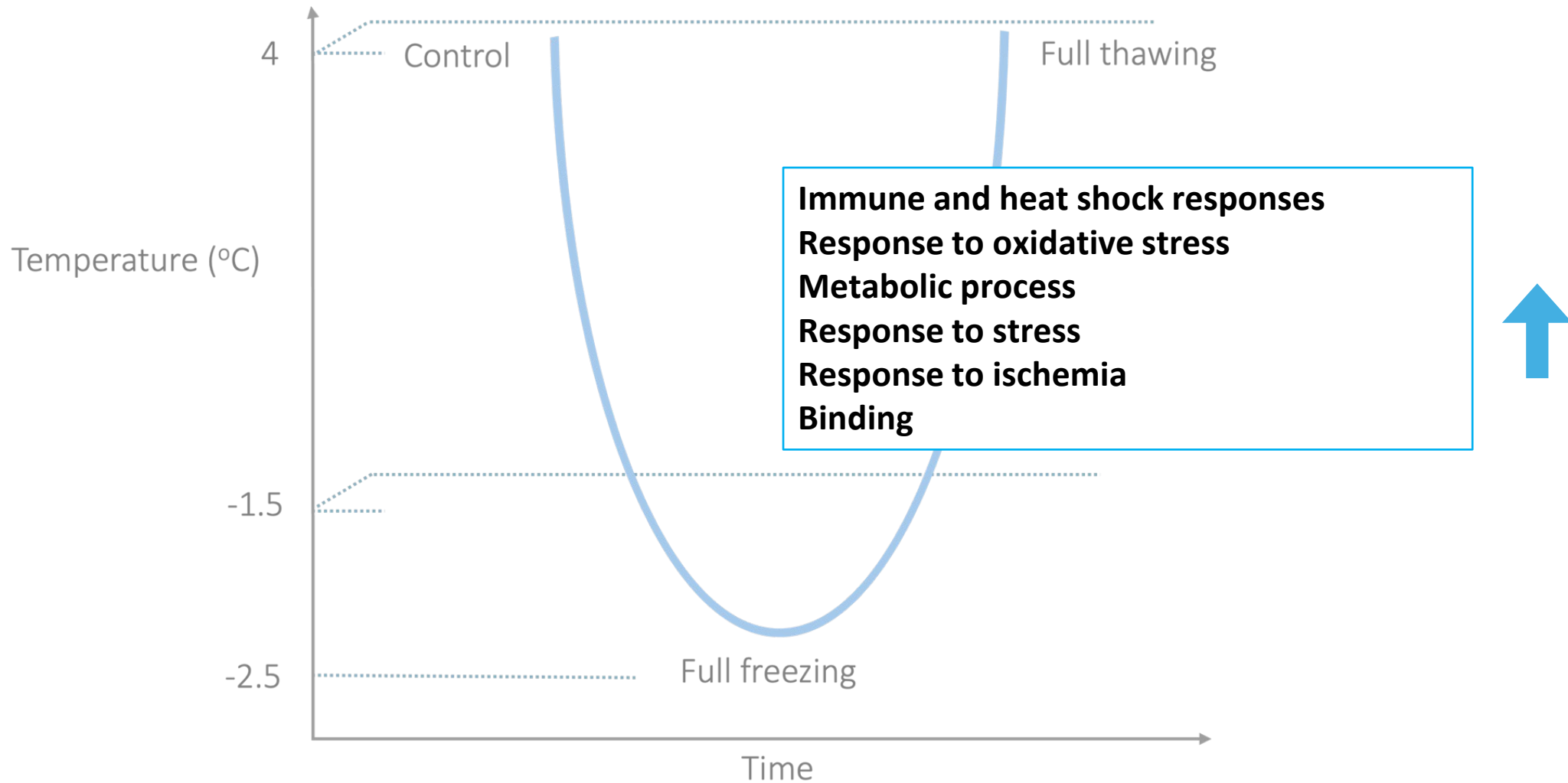


Wood frog
Rana sylvatica

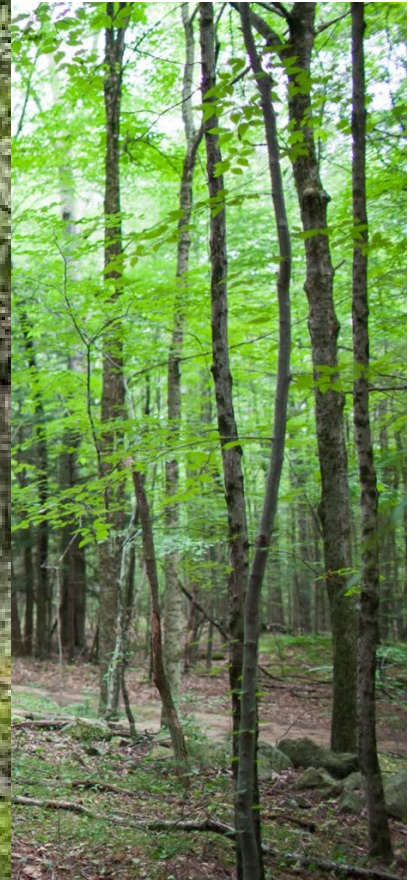
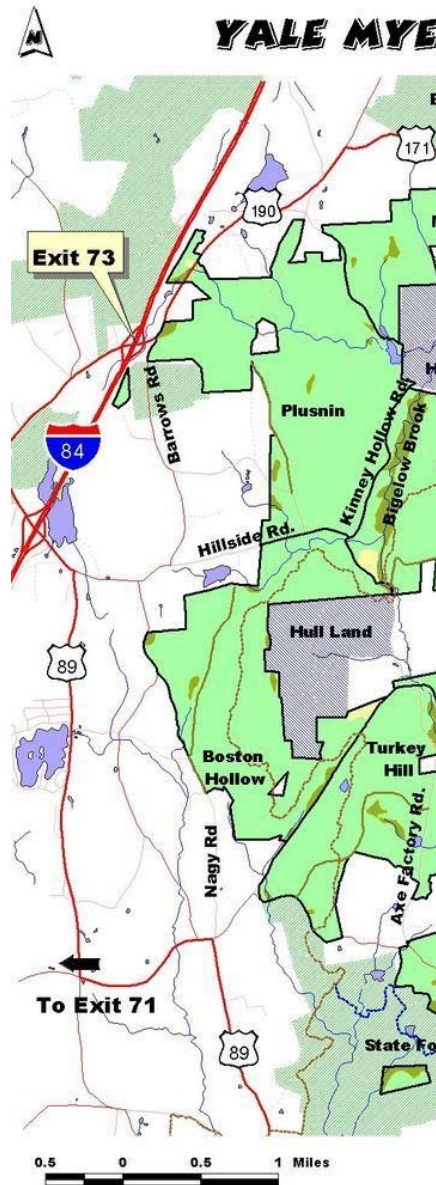


Storey et al., 2021

Upregulated genes in thawing



Sampling Frogs & Experimental Setup



Experimental Setup & Conditions

No Freeze



Short-Disrupted Freeze



Long-Disrupted Freeze



Steady Freeze

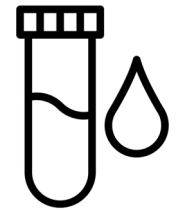
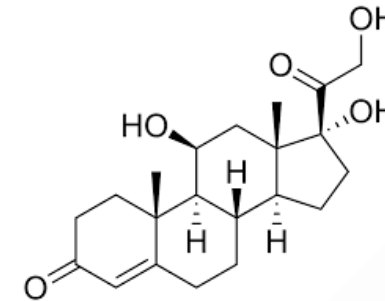
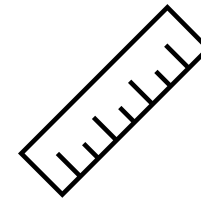


Outcomes of Interest

Research Question: Does freezing condition and frequency of thawing influence physiological response in wood frogs?

Measured Outcomes:

- CORT assay- pre and post freeze, and during thaw points
- Size and mass- pre and post freeze
- Jumping performance- pre and post freeze
- Blood immune markers- post freeze



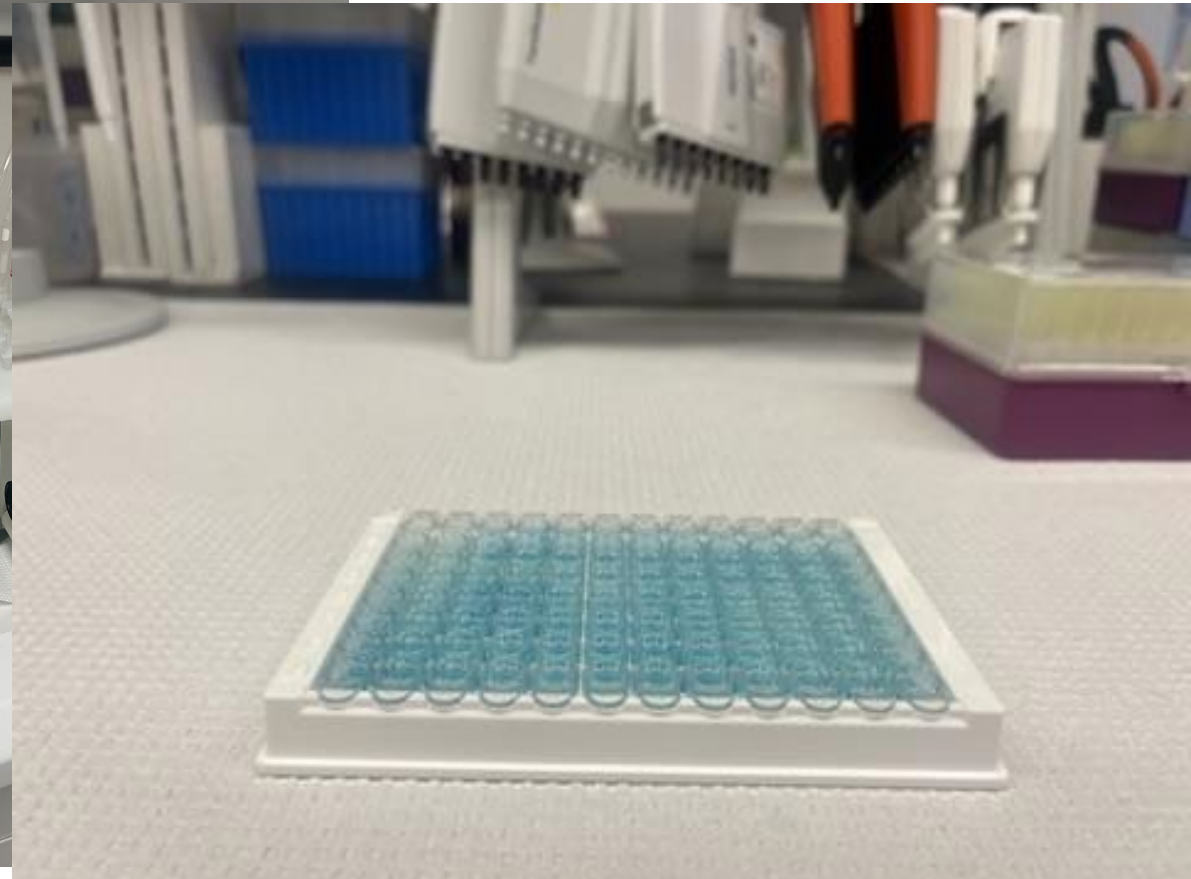
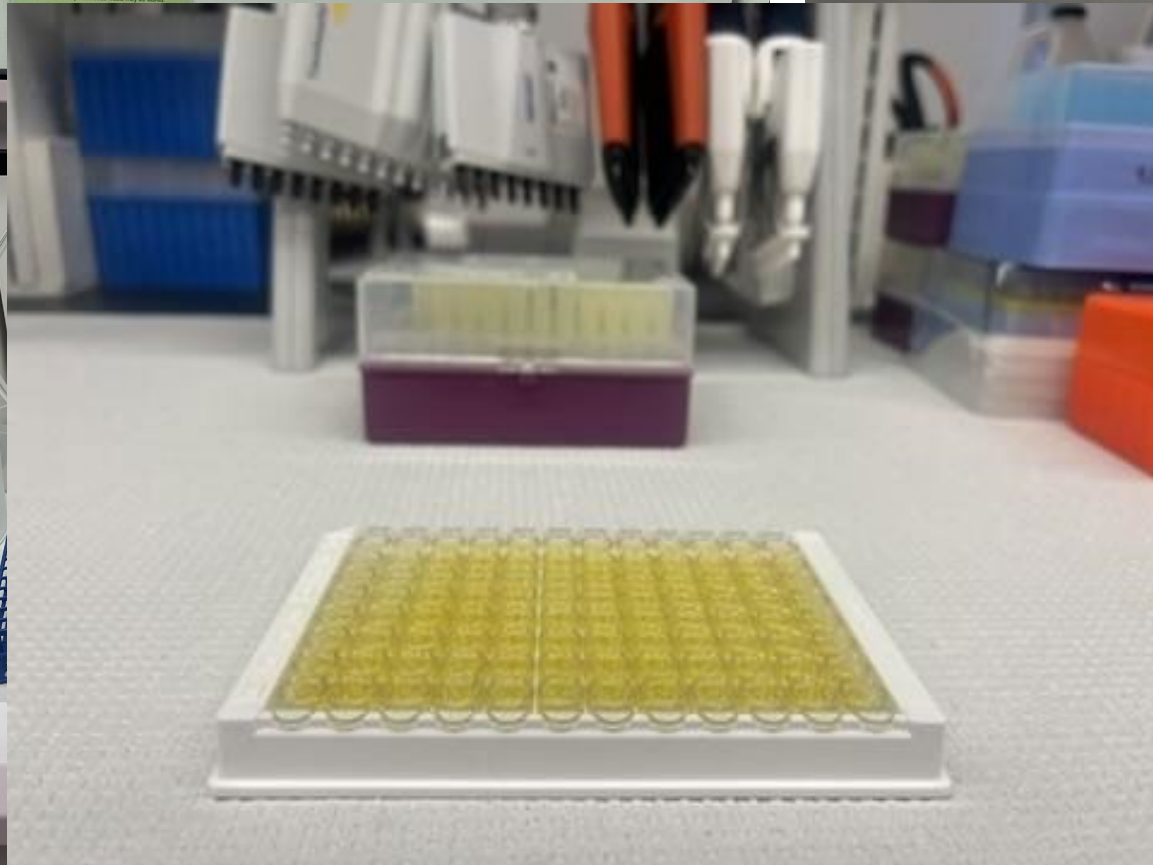
**Hazardous Waste
Satellite Accumulation Area ***

Storage Requirements:

- Containers must be capped at all times except during transfers.
- be compatible with contents.
- be in good condition.

*** Separate chemicals by compatibility.**
Use secondary containment trays for dispensation.

- No more than 55 gallons of waste or more than 1 quart of acutely hazardous waste may be stored.



Anticipated Results

Relative to Control Individuals:

- More frequent freeze/ thaw
Increased baseline CORT,
Increased stressed CORT
response, & Longer recovery
- More frequent freeze/ thaw
decrease immune blood
biomarkers
- More frequent freeze/ thaw
decreased body condition (length
& mass)
- More frequent freeze/ thaw
decreased jumping performance

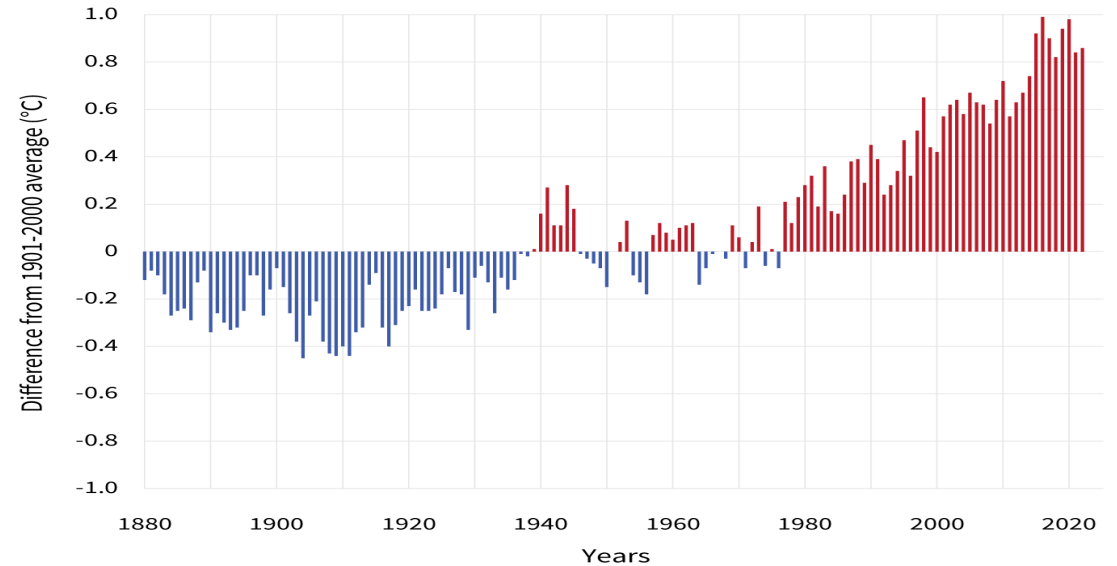
Experimental Condition

		Experimental Condition			
		No Freeze	Short Disrupted Freeze	Long Disrupted Freeze	Full Freeze
Relative	No Freeze	---	↑ CORT & Immune Markers	↑ CORT & Immune Markers	↑ CORT & Immune Markers
	Short Disrupted Freeze	↓ CORT & Immune Markers	---	↓ CORT & Immune Markers	↓ CORT & Immune Markers
	Long Disrupted Freeze	↓ CORT & Immune Markers	↑ CORT & Immune Markers	---	↓ CORT & Immune Markers
	Full Freeze	↓ CORT & Immune Markers	↑ CORT & Immune Markers	↑ CORT & Immune Markers	---

Conclusions & Future Research

- Winters in CT are becoming warmer and more variable leading to more freeze-thaw events and shorter freeze durations
- Variable winter conditions will impact the freeze/thaw cycles of wood frogs both in CT and across their range
- This study expands upon previous biochemical and genetic work and has a direct ties to potential conservation outcomes. This lays a foundation for assessing various physiological responses to adaptation and determining the limits of potential adaptation plasticity

GLOBAL AVERAGE SURFACE TEMPERATURE



Acknowledgements

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